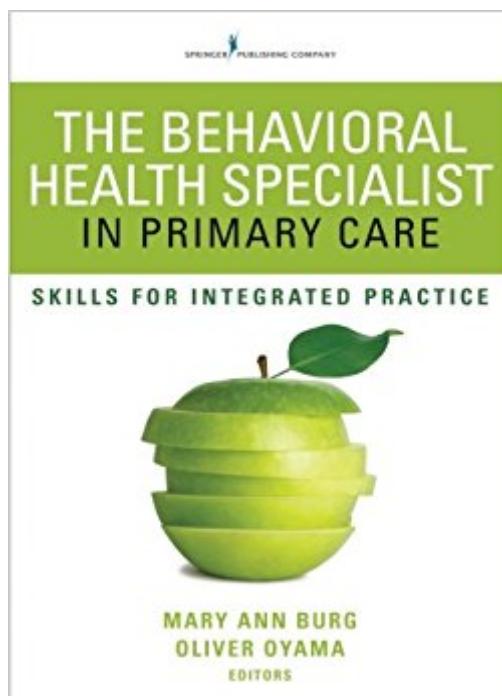


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# The Behavioral Health Specialist In Primary Care: Skills For Integrated Practice



## Synopsis

Patients with chronic conditions often need psychosocial support and brief counseling to help them make the lifestyle and behavioral changes required to prevent disease complications. This innovative text, with contributions from respected clinicians and researchers in all arenas of behavioral health, provides comprehensive training for all health professionals— including those in medicine, nursing, social work, mental health, and clinical and health psychology—who desire targeted evidence-based training in behavioral health skills. Rich case examples drawn from typical patient presentations demonstrate the relationship between physical and psychological health and the complexity of behavioral change in chronic illness. This text is a timely, relevant, and practical resource for all members of the primary care team. It prepares team members to work in the model of patient-centered integrated care in accordance with the recommendations of the Affordable Care Act (ACA) and the National Committee for Quality Assurance (NCQA) medical home standards for identifying patient needs and providing coordinated and comprehensive patient care. The book focuses on knowledge and skills needed for working with the most common chronic conditions such as diabetes, obesity, chronic pain, cardiovascular conditions, sleep disorders, geriatric conditions, cancer-related conditions, and substance abuse. It includes chapters on epidemiological trends in chronic illness and systems medicine. Theories of health behavior and behavioral change and evidence-based interventions provide a foundation for skill development, followed by detailed coverage of the requirements for behavioral management of specific chronic conditions. Sample referrals and consultation notes provide concrete examples of how the behavioral health specialist might respond to a referral.

**KEY FEATURES:**

- Provides comprehensive graduate-level training for the role of Behavioral Health Specialist
- Describes the health promotion and counseling skills needed to function as part of an integrated health team
- Focuses on proficiencies needed for working with common chronic conditions
- Addresses the psychosocial components of primary care disorders
- Includes case examples demonstrating the relationship between physical and psychological health and the complexity of behavioral change in chronic illness

## Book Information

Paperback: 336 pages

Publisher: Springer Publishing Company; 1 edition (September 10, 2015)

Language: English

ISBN-10: 0826129870

ISBN-13: 978-0826129871

Product Dimensions: 7.7 x 0.8 x 10.7 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #250,282 in Books (See Top 100 in Books) #113 in Books > Textbooks > Medicine & Health Sciences > Administration & Policy > Health Policy #191 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Family & General Practice #223 in Books > Medical Books > Administration & Medicine Economics > Health Policy

## Customer Reviews

Mary Ann Burg, PhD, MSW, LCSW, is a Professor in the School of Social Work at the University of Central Florida, where she teaches courses on Behavioral Health, Social Work in Health Care, and Social Work Research. She also participates in teaching Interprofessional Education for the University of Central Florida, College of Medicine. She received her PhD in Sociology (with a concentration in Medical Sociology) from the University of Florida, and her MSW from Florida State University. For over 20 years, she has been active in research, scholarship, and publications on topics in behavioral medicine and in evaluating models for training interdisciplinary health professions on working in teams, especially in the primary care setting. She has 15 years of social work practice experience as a member of an interdisciplinary team in a family medical setting. She is a member of the National Association of Social Workers (NASW), American Public Health Association (APHA), Council for Social Work Education (CSWE), Association of Oncology Social Work (AOSW), and Society for Social Work Research (SSWR). Oliver Oyama, PhD, ABPP, PA-C, CAQ-PSY, is Affiliate Associate Professor at the University of South Florida/Morsani College of Medicine and Associate Director of the University of South Florida Family Medicine Residency Program at Morton Plant Mease Healthcare where he teaches, practices, and coordinates the Behavioral Health Curriculum. He received his PhD in Clinical Psychology (with an interest in health psychology) from Indiana University and a Master of Health Sciences/Physician Assistant Certificate from Duke University. He is board-certified through the American Board of Professional Psychology in Clinical Psychology and in Clinical Health Psychology and is clinically active in both. He also practices as a certified Physician Assistant in family medicine with a Certificate of Added Qualifications in Psychiatry.

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